

SYNOD DISCERNMENT SESSIONS

EUCCHARISTIC EXPOSITION AND BENEDICTION



Exposition of the Blessed Sacrament

After the people have assembled, the following or another suitable song may be sung while the presider prepares the Holy Eucharist for adoration.

O saving Victim, open wide
The gate of heav'n to us below.
Our foes press on from every side;
Your aid supply, your strength bestow.

To your great name be endless praise,
Immortal Godhead, One in Three;
O Grant us, for endless length of days,
In our true native land with thee. Amen.

O salutáris Hóstia,
Quae caeli pandis óstium:
Bella premunt hostília,
Da robur fer auxílium.

Uni trinóque Dómino
Sit sempitérna glória,
Qui vitam sine término
Nobis donet in pátria. Amen.

Adoration of the Blessed Sacrament

The time of adoration is divided into 15 minutes intervals: *0 min to 15 min.*

After the presider incenses the monstrance and prays for a while in silence, he leads participants in the official prayer for the Synod:

We stand before You, Holy Spirit, as we gather together in Your name.
With You alone to guide us, make Yourself at home in our hearts;
Teach us the way we must go and how we are to pursue it.
We are weak and sinful; do not let us promote disorder.
Do not let ignorance lead us down the wrong path nor partiality influence our actions.
Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right.
All this we ask of You, who are at work in every place and time,
in the communion of the Father and the Son, forever and ever.
Amen.

At the 15 min mark the presider goes to the ambo and reads the **1st Scripture selection and 1st question**, inviting attendees to listen in prayer to the Holy Spirit and reflect on the question.

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SCRIPTURE 1

John 3:16-17

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him.

Question 1

What in the church fills me with life? How is the Holy Spirit working in my life to deepen my faith and inspire me to be a better disciple and witness of Christ's love to others?

SCRIPTURE 2

Hebrews 10:21-24

Since we have "a great priest over the house of God," let us approach with a sincere heart and in absolute trust, with our hearts sprinkled clean from an evil conscience and our bodies washed in pure water. Let us hold unwaveringly to our confession that gives us hope, for he who made the promise is trustworthy. We must consider how to rouse one another to love and good works.

Question 2

As a community of believers, what experiences of the Catholic Church have brought joys or revealed wounds? And how can these experiences help us grow together in faith and offer the hope and healing of Christ to the greater community in which we live?

SCRIPTURE 3

1 John 1:1-4

For God so loved the world that he Beloved: What was from the beginning, what we have heard, what we have seen with our eyes, what we looked upon and touched with our hands concerns the Word of life – for the life was made visible; we have seen it and testify to it and proclaim to you the eternal life that was with the Father and was made visible to us— what we have seen and heard we proclaim now to you, so that you too may have fellowship with us;

for our fellowship is with the Father and with his Son, Jesus Christ. We are writing this so that our joy may be complete

Question 3

As a Catholic community, we are expressly enjoined to invite others into a life-giving relationship with Jesus Christ. When we dream about how best to accomplish this, what steps is the Holy Spirit inviting the Church in western Oregon to take?

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Benediction

5 minutes before the hour, the presider incenses the monstrance and all sing the Tantum Ergo (or another hymn):

Down in adoration falling,
This great sacrament we hail;
Over ancient forms of worship
Newer rites of grace prevail;
Faith will tell us Christ is present,
When our human senses fail.

To the everlasting Father,
And the Son who made us free,
And the Spirit, God proceeding
From them each eternally,
Be salvation, honor, blessing,
Might and endless majesty.
Amen

Tantum ergo Sacraméntum
Venerémur cernui:
Et antiquum documéntum
Novo cedat rítui:
Praestet fides suppleméntum
Sénsuum deféctui.

Genitóri, Genitóque
Laus et jubilátio,
Salus, honor, virtus quoque
Sit et benedíctio:
Procedénti ab utróque
Compar sit laudátio.
Amen

Presider: You have given them Bread from heaven.

All: R/. Having within it all Sweetness.

Presider: Let us pray. Lord our God, in this great sacrament, we come into the presence of Jesus Christ, your Son. Born of the Virgin Mary and crucified for our salvation. May we who declare our faith in this fountain of love and mercy drink from it the water of everlasting life. We ask this through Christ our Lord.

All: R/. Amen.

All remain kneeling while the Presider gives the benediction; then, all gathered recite the Divine Praises.

SYNOD DISCERNMENT SESSIONS EUCHARISTIC EXPOSITION AND BENEDICTION



The Divine Praises

Blessed be God.

Blessed be his Holy Name

Blessed be Jesus Christ,
true God and true Man.

Blessed be the Name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most Holy
Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God,
Mary most holy.

Blessed be her holy and
Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary,
Virgin and mother.

Blessed be St. Joseph, her most
chaste spouse.

Blessed be God in his Angels and
in his Saints.

Reposition of the Blessed Sacrament

Stand All sing: Holy God We Praise Thy Name (or another appropriate hymn)

Holy God, we praise thy name.
Lord of all, we bow before thee!
All on earth thy scepter claim
All in heaven above adore thee.
Infinite thy vast domain,
Everlasting is thy reign.

Hark the loud celestial hymn
Angel choirs above are raising!
Cherubim and Seraphim
in unceasing chorus praising
Fill the heavens with sweet accord
Holy, holy, holy Lord!

All attendees move to the area prepared for the table conversations.